



**Our Mission**

To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

**Our Vision**

To improve lives and strengthen character through youth development, healthy living and social responsibility driven by passionate staff and volunteers.

**Our Values**

Caring, Honesty, Respect, and Responsibility – Our values are celebrated by staff and members and provide a positive foundation for all Y programs and a healthy connection with others.

**Our Commitment**

The Y is a nonprofit charity that serves the entire community. Donations support our scholarship program and our commitment to keep programs open for all.

**Our Cause**

Strengthening the foundation of communities.

**YMCA OF ORANGE COUNTY**  
ymcaoc.org



## CONTACT US!

**FULLERTON & YORBA LINDA-PLACENTIA FAMILY YMCA**

Zach Brooks | (949) 859-9622 | zbrooks@ymcaoc.org  
Michael Prange | (949) 495-9622 | mprange@ymcaoc.org

**LAGUNA NIGUEL & BEACH CITIES FAMILY YMCA**

Michael Prange | (949) 495-9622 | mprange@ymcaoc.org  
Zach Brooks | (949) 859-9622 | zbrooks@ymcaoc.org

**HUNTINGTON BEACH & NEWPORT-MESA FAMILY YMCA**

Zach Brooks | (949) 859-9622 | zbrooks@ymcaoc.org  
Michael Prange | (949) 495-9622 | mprange@ymcaoc.org

**MISSION VIEJO FAMILY YMCA**

Michael Prange | (949) 495-9622 | mprange@ymcaoc.org  
Zach Brooks | (949) 859-9622 | zbrooks@ymcaoc.org

**aginfo@ymcaoc.org | ymcaoc.org/ag**

# BUILD A LIFETIME OF MEMORIES

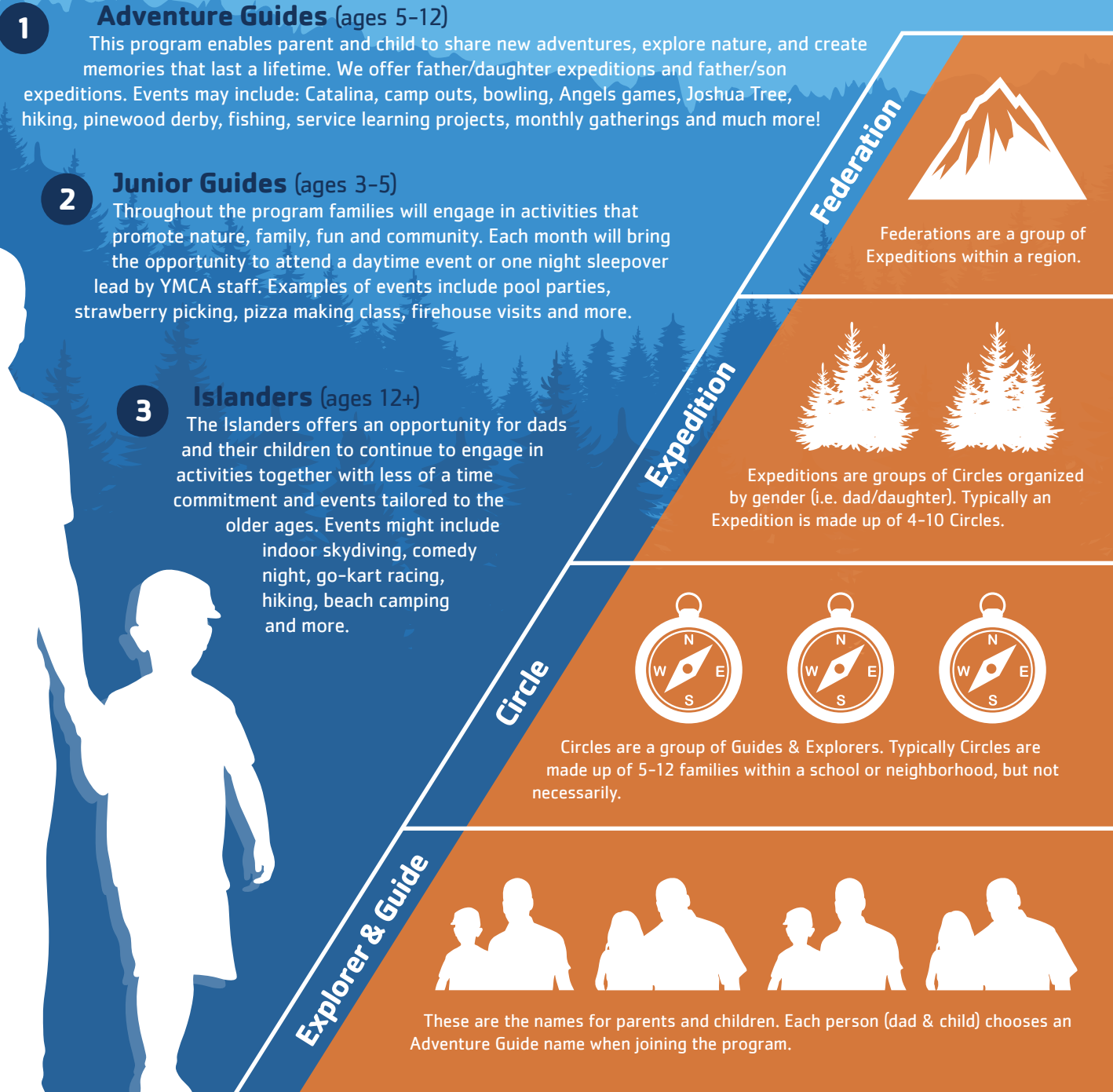
## Adventure Guides

**YMCA OF ORANGE COUNTY**  
ymcaoc.org

# How the Program Works

The Adventure Guides program was developed to help strengthen family relationships. As the parent of a young child, you have the tremendous opportunity to get to know your child. Spending quality one-on-one time with your child will help build a strong bond of trust and memories that will last a lifetime.

## Levels:



## PROGRAM STRUCTURE

# Benefits for Adventure Guides Families

## Family Fitness Membership Discount

**\$0 Join Fee + 50% OFF**

Active Adventure Guides program participants receive 50% off a family membership. That's only \$46/month for the whole family! Discount must be requested at the branch after Adventure Guides program enrollment. Discounts are not retroactive to previous months of service or membership at the time being requested.

### Family Fitness Membership Features\*:

- Access to fitness facilities
- Free weight loss programs and challenges
- Unlimited group exercise classes
- Complimentary child care onsite
- Monthly Date Night drop off events
- Outdoor patio & play areas
- Year-round access to heated pools

\*amenities vary by location

Sign up today at [ymcaoc.org/membership](http://ymcaoc.org/membership)



## Program Discounts

With your Family Fitness Membership **GET UP TO 50% OFF** these great programs:

- Soccer
- Basketball
- Volleyball
- Dance
- Gymnastics
- Swim Lessons
- Camps and more!

For a full list of program offerings, visit [ymcaoc.org](http://ymcaoc.org)

## Annual Campaign

Adventure Guides families have an extraordinary opportunity to give back to the community by fundraising for our financial assistance program and learning about helping others in need.

Every year, our Circles and Expeditions raise tens of thousands of dollars so that all families have access to YMCA programs and services that allow them to be their best! Learn more at [ymcaoc.org/annual-campaign](http://ymcaoc.org/annual-campaign)