

Our Mission

To put Christian principles into practice through programs that build spirit, mind, and body for all.

Our Vision

To improve lives and strengthen character through youth development, healthy living and social responsibility driven by passionate staff and volunteers

Our Values

Respect, Responsibility, Caring, and Honesty – Our values are celebrated by staff and members and provide a positive foundation for all Y programs and a healthy connection with others.

Our Commitment

To keep programs open for all. The Y is a nonprofit, charitable organization that serves the entire community. Donations support our scholarship program and our commitment.



SCAN ME



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AMAZING EXPERIENCES NEW ADVENTURES

New Horizons

for Adults with
Developmental Disabilities

A place to socialize with
new friends, explore
the community,
become more
independent, and
have fun in a safe and
supervised environment!



YMCA OF ORANGE COUNTY
13821 Newport Ave., Ste 200
Tustin, CA 92780
(714) 508-7635
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ymcaoc.org



NEW HORIZONS

For adults with Developmental Disabilities

New Horizons ymcaoc.org/new-horizons

What is New Horizons?

New Horizons is a community based, socialization and recreation program for adults with special needs and developmental disabilities ages 18 and up. The New Horizons program provides safe, supervised, meaningful and constructive recreational outings in the community that offer social interaction, skill building and life-long friendships.

Participants gain social skills, motor skills, language skills, travel skills, and group sharing skills. This is a place where members expand their horizons while having fun, becoming more independent and gaining normalization.

While participants are having fun, their full-time caregivers are provided with the Respite or "time-off" they need to better care for their loved ones.

Who can Join?

- Adults 18 years and older with special needs or a developmental disability.
- Adults who are able to function independently in a group setting or with support from a 1:1 aide. Aide will not be provided by YMCA program.

What is the Cost?

Program fees can be paid by the Regional Center of Orange County through an approved Referral and Service Agreement or privately out-of-pocket from individual members.

RCOC Service Provider, Social/Recreational or Respite hours - Vendor #H04329

Private Pay fees are subsidized by the YMCA Annual Campaign Fundraiser. 100% of monies raised support members in our programs that need assistance to pay for activities.

New Horizons Program Offers:

- Year-round supervised outings and activities
- Events which are held in the evenings throughout the week and during the day on the weekends to various locations in Orange County
- A chance to make new friends in a fun and safe environment
- Respite for parents and caregivers
- Opportunities for overnight weekend & weeklong vacations various locations near and far
- Staff guided supervision while facilitating independence and social

Joining is as Easy as 1,2,3!

1: Call or Email to Get Information

Once we receive your inquiry, we will inform you about what our wonderful program offers. We will then send you our current activity calendars, registration packet, and any other current information or fliers. We can email or mail information about our program to your home! Our staff are bilingual in Vietnamese and Spanish.

2: Set-up an Intake Meeting

This is a 45minute-1hour meeting where parent/ caregiver, member, and program staff will get to know one another. Program staff will explain program and answer any questions you may have. We want everyone who joins to feel comfortable and ready to start participating in activities.

3: Sign-up for Events

Get your calendar out and choose which activities interest you. To sign-up for events you can call, email, or mail-in your registration

Intake Meeting Day & Time:

am/pm

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