Homeschool Electives & Support & the YMCA

YMCA of Orange County ymcaoc.org



Why the Y?

The YMCA of Orange County has a long history of making a positive impact on the lives of children. As the landscape of education changes, the Y recognizes the need for more Home School and enrichment learning opportunities. Using our 100+ years of experience, highly-trained staff, and homeschool partnerships, we are ready to help you and your children thrive!

Our programs emphasize Care, Honesty, Respect, and Responsibility. Our Staff is Well-Trained, Certified in their Field, and Care About Every Child. In each of our programs and courses:

- We provide a safe, secure and supportive environment.
- We believe a child's experience is dependent on family and community life we support the whole family through programming and a character-based curriculum.
- We believe in focusing on a child's abilities rather than their shortcomings.
- We believe when youth are exposed to consistent displays of positive character traits, they will develop healthy self-esteem and a willingness to help others.
- We believe by supporting all forms of education, children will experience success.
- We believe building strong kids and strong families will strengthen the foundation of our communities.



10,000+ children participated in YMCA programs in 2021

9+ MILLION

is the estimated amount of Americans who had experienced being homeschooled as of February of 2020.

\$1.0 MILLION DOLLARS

in YMCA scholarships provided in 2021

National Homeschool
Partners already contracted
with the Y

87%

of peer-reviewed studies on social, emotional, and psychological development show homeschool students perform statistically significantly better than those in conventional schools (Ray, 2017).

LEARN MORE AT

YMCAOC.ORG/HOMESCHOOLSERVICES

OR SCAN THE CODE!



HOMESCHOOL PROGRAM ELECTIVES



Our program is designed with the child in mind. Our curriculum is diverse, and thorough and will challenge the way your child sees the world around them! In addition, our programs are designed to support the social-emotional development of children of all ages, while keeping the "family" feel of home education. Our elementary groups are together regardless of grade and instruction is intentionally designed to support peer learning and leadership. Our high school classes and clubs are designed to embrace the passions of our students while focusing on socialization and unity under a common interest. Our social hour and events focus on social emotional learning strategies to foster teamwork, healthy competitions, and the building of socialization skills.

The YMCA of Orange County has a long history of making a positive impact on the lives of children. As the landscape of education changes, the Y recognizes the need for more Home School and enrichment learning opportunities. Using our 100+ years of experience, highly-trained staff, homeschool partnerships, we are ready to help you and your children thrive!

NOTE: For those registering who are Charter School participants, please note that registration for these programs must be done in-house only. Please contact the Front Desk at your local facility for more information.

Facility & Space Rentals Options

Mission Viejo

Laguna Niguel

Rental Space	Hourly Cost	Rental Space	Hourly Cost
Pool (4 lanes)	\$75/lane	Group X Room	\$150
Racquetball court	\$50	Cycle Studio	\$75
Mind Body Room	\$70	Basketball Gym	\$150
Group X Room	\$75	Patio	\$75
Cycle Studio	\$75	E Sports Room	\$375/2 hrs
Basketball Court	\$50	Kid Zone	\$100
Soccer Arena	\$125		
Kid Zone	\$100		
Conf Room Opt 1	\$35		
Conf Room Opt 2	\$90		

Fullerton

Newport Mesa

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Rental Space	Hourly Cost	Rental Space	Hourly Cost	
Pool (5 lanes)	\$75/lane	Lap Pool (6 lanes)	\$75/lane	
Group X Room	\$75	Deep Water Pool	\$150	
Soccer Arena	\$125	Group X Room	\$100	
Basketball Gym	\$125	Kid Zone	\$150	
Kid Zone	\$100	Boot Camp Area	\$100	
Patio	\$75	Grass Field	\$100	
		Conference Room	\$50	

Huntington Beach

Rental Space	Hourly Cost		
Group X Room	\$100		
Cycle Studio	\$75		
Kid Zone	\$100		
Barre Room	\$75		

After Hours Rental: \$30/hr cost per staff: Required for staffing rentals after regular business hours.

> (i.e., Maintenance, Field Supervisor, Front Desk Staff, Lifeguard). Rates may vary for Health and Wellness Staff.

- Non-Profits/Partners- 25% optional discount
- At the discretion of branches to require a twohour minimum reservation, based on demand.

Sliding Scale:

Room rental rates for teachers who we will be outsourcing are tentatively planned as follows (rates based on 1x per week):

Class size:

1-5 \$35 per hour (8-week session) total cost \$280

6-10 \$70 per hour (8-week session) total cost \$560

11-20 \$140 per hour (8-week session) total cost \$1,120

21+ \$280 per hour (8-week session) total cost \$2,240

Sample Schedule

Visit ymcaoc.org/homeschoolservices to view our current schedule!

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		Price				
	Elective	Member/Non- member	Maple Center	Fullerton	Mission Viejo	Newport-Mes
minute	Academic Support [All Ages]	\$60/\$60	T/TH: 1pm	T/TH: 10:30am	M/F: 1pm	M/F: 1pm
minute	<u> </u>	\$136/\$160	TH: 9am	1, 111. 15.00 dilli		
minute -	_					E 40.20
d on	Cooking: Kulinary Kids	\$149/\$175	T: 10:30am		M: 10: 30 am	F: 10:30am
	Creative Writing and Publishing: [Elementary]	\$170/\$200				
	Elective Sampler	\$170/\$200		TH: 9am		F: 2pm
	Esports	\$170/\$200			T 2.20	
	High School Class: Community & Service Learning	\$123/\$145			T: 3:30pm	
	High School Class: Home Economics	\$149/\$175			TH: 3:30pm	
	High School Class: Photography and Film	\$170/\$200			T:2pm	
	High School Class: Sign Language and Deaf Culture Homeschool Open Swim			T/TII 2000	TH: 2pm	
	<u> </u>	\$64/\$75		T/TH: 2pm		
	Keeping Fit [Elementary PE]	\$64/\$75			T/TH: 11:15am	
	Keeping Fit [Hiking]	\$64/\$75	T //-//TU 12	T: 9 am	M/E 12	AA/F 1.7
	Lunch and Social	\$60/\$60	T/W/TH: 12pm	T/TH: 11:30am	M/F: 12pm	M/F: 12pm
	Lunch Bunch [Add on]	\$35/\$35			T/TH: 12:15-12:45	
	Makerspace: Engineering for Beginners	\$149/\$175	W: 10:30am			M: 2pm
	Photography and Film	\$170/\$200		T: 12:30pm	M: 9am	M: 10:30am
	Reactive Science and Myth Busters	\$149/\$175	TH: 10:30am		F: 9am	M: 9am
	Sewing and Crocheting	\$149/\$175	T: 9am		F: 10:30am	F: 9am
	Sign Language and Deaf Culture Strategic Games: Chess	\$123/\$145 \$123/\$145	W: 9am	Th: 12:30pm		
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**High school classes are Semester long classes [September-December], but require a month to month registration. You can choose to join in at anytime.

COURSES



ACADEMIC SUPPORT

Frequency: MONTHLY: 1x Per Week Fee: \$60/\$60

Skilled Multi-Subject Educator will be available to support your child in all subjects from reading to math, and everything in between. Use this time to supplement your home program and provide your child with a consistent time for social connections and support from certified instructors. This is a support option and does not include curriculum implementation.

ART FOR BEGINNERS

Frequency: MONTHLY: 1x Per Week Fee: \$136/\$160

Arts education can make a tremendous impact on the developmental growth of every child and has proven to help level the 'learning field' across socio-economic boundaries. The YMCA Art Course exposes youth to different mediums and techniques. With instructor support and encouragement your child will develop talent and create their very own masterpieces.

COMMUNITY AND SERVICE-LEARNING

Frequency: MONTHLY: 1x Per Week Fee: \$123/\$145

Service-learning and character development activities will provide a holistic learning and community engagement experience. Projects will support the development of substantive knowledge, critical thinking, and leadership skills with community involvement.

COOKING: KULINARY KIDS

Frequency: MONTHLY: 1x Per Week Fee: \$149/\$175

Children, especially young children, rely on their senses to explore the world. Cooking offers students opportunities to use the senses of sight, hearing, smell, touch, and taste. Working with food lets a child focus on their senses individually as well as collectively. Cooking teaches a child how to use their eyes, ears, nose, skin, and tongue to observe things, in addition to improving their fine motor skills when helping out in the kitchen.

CREATIVE WRITING AND PUBLISHING:

Frequency: 2 MONTHS: 1x Per Week

Do you love books and movies? Have you ever had a story in your heart but didn't know how to share it with others? People love a great story. Good stories make us feel emotions that can change the way we see the world and the people around us.

In this class, we will walk students through planning, writing, and self-publishing their very own short stories. Through the woven tapestry of story elements, we help students organize their ideas into a comprehensive outline. Step by step, we lead this journey from idea to finished story. With thoughtful guidance, attention to detail, and a war chest full of writing aids, this class turns students into self-published authors!

FULL 8 Week Registration is required if you want to be published in our short story collective.*Billed half in the first month, and half in the second month.

ESPORTS: MARIO KART LIVE

Frequency: MONTHLY: 1x Per Week Fee: \$170/\$200

The YMCA Esports program serves today's youth (8-14 years old) by providing opportunities for ALL students to use Esports as a platform to acquire critical communication, collaboration, and problem-solving skills needed to thrive in work and in life. In this elective we make learning hands on and fun for all ages. Implementing Science, Technology, Engineering, Art and Math to guide our curriculum, this course teaches the fundamentals of teamwork, and problem solving, with a focus on competitive and purposeful play!

KEEPING FIT: HIKING

Frequency: MONTHLY: 1x Per Week Fee: \$64/\$75

Hikes to help prepare students for a life of physical fitness, fitness testing, improved social/emotional awareness, and self-esteem. Activities and level of hikes can be adjusted depending on age and skill level of students. Our hikes stay local to trails surrounding various locations including parks and gardens. This student led elective, sparks questions and interest while finding art in nature, and the study of birds and bugs! Our goal is to keep youth active and excited about lifelong skills and healthy habits while having fun! Youth develop friendships, cooperation, and character values.

Fee: \$340/\$400

KEEPING FIT: ELEMENTARY PE

Frequency: MONTHLY: 1x Per Week Fee: \$64/\$75

Children are our future—and understanding and supporting their natural yearning for physical activity will help lead them to a lifetime of happy and healthy living. Some of the many benefits of keeping children physically and mentally active includes higher self-esteem, more energy, better memory, and simply a good feeling about themselves. Warm-Ups, activities, group games, and group hikes to help prepare students for a life of physical fitness, fitness testing, improved social/emotional awareness, and self-esteem.

HOME ECONOMICS

Frequency: MONTHLY: 1x Per Week Fee: \$170/\$200

Life skills are practical aids or responsibilities that develop individuality, independence, encourages confidence, and strengthens self-esteem and self-control. In this elective, children learn skills such as how to write a check, address an envelope for mailing, how to sew on a button or mend a garment. Students will also learn how to independently cook quick meals and the differences between positive and negative peer pressures.

HOMESCHOOL OPEN SWIM

Frequency: MONTHLY: 1x Per Week Fee: \$60/\$60

Whether you are interested in swimming as a fun pastime or to strengthen skills, learning how to be confident around water can save lives! Open swim allows for a fun and engaging social time while staying active with a high-intensity, low-impact workout!

MAKERSPACE: ENGINEERING FOR BEGINNERS

Frequency: MONTHLY: 1x Per Week Fee: \$149/\$175

The Engineering course teaches students the fundamentals and importance of engineering in a real-world context. Children learn about the history of engineering and its application in landmarks such as the Sydney Opera House, the Coliseum, and the Empire State Building. From there, they apply their knowledge through activities and projects where they learn about tension, weight-bearing structures, windmills, bridges, and more. Engineering Club opens students' minds to the idea that engineering is all around us, is applied to many things we see and use on a daily basis, and is FUN!

PAINTING CLUB

Frequency: MONTHLY: 1x Per Week Fee: \$136/\$160

The YMCA Art Course exposes youth to different mediums and techniques. With instructor support and encouragement your child will develop talent and create their very own masterpieces. This series of classes build on the fundamentals of drawing and painting with a fun twist of socialization and friendships!

PHOTOGRAPHY AND FILM

Frequency: MONTHLY: 1x Per Week Fee: \$170/\$200

Children grow up in a visual world and everything that they see helps develop their personality and character. Having kids learn photography and film at an early age can stimulate their creativity and provide a meaningful outlet for self-expression. Photography and film can put kids in touch with the world around them and help them to see things from multiple vantage points, expanding their opportunities for learning and development through interaction with the world around them.

REACTIVE SCIENCE AND MYTH BUSTERS

Frequency: MONTHLY: 1x Per Week Fee: \$149/\$175

There are three simple reasons why science is important for our children: they love science because it engages their curiosity, provides practical tools for understanding everyday life, and advances their critical thinking, problem-solving, and creativity. Whether a child gains an interest in becoming a doctor, lawyer, or teacher, developing a scientific mindset is critical to enhancing a child's cognitive growth, logic, and reasoning. These hands-on experiments will foster learning through student led interests, curiosity and teamwork.

SEWING AND CROCHETING

Frequency: MONTHLY: 1x Per Week Fee: \$149/\$175

Sewing helps improve communication and the following of ordered instructions. Children first learn technique then use their imagination and creativity to sew or crochet new and innovative designs!

Patience through refining fine motor skills and the learning of the fundamentals of this unique craft will teach precision through gentle and precise hand movements.

SIGN LANGUAGE AND DEAF CULTURE

Frequency: MONTHLY: 1x Per Week Fee: \$123/\$145

Aside from the fact that children will be learning a second language, the learning of American Sign Language develops awareness and sensitivity to cultural and linguistic diversity. It provides cultural enrichment and is the best means of fostering understanding between children who are hard of hearing and those who are not. Furthermore, learning sign language can help a child recognize words if they are connected to a sign.

STRATEGIC GAMES: CHESS

Frequency: MONTHLY: 1x Per Week Fee: \$123/\$145

This club teaches the history of the game of chess and how it is played. Students learn strategies and practice using different gaming scenarios. This hands-on learning experience builds motivation, skill and how to be a positive competitive player.

ELECTIVE SPECIALTY CAMPS

Frequency: WEEKLY: M-F 9AM-12PM Fee: \$175/\$225

Elective Specialty Camps highlight the different homeschool electives! All are welcome to attend to explore and meet new friends. Camp runs daily from 9:00am to 12:00pm and has different electives showcased each day! Camp is held indoors and outdoors with a variety of activities to keep your children engaged all morning!

Each day experience a new adventure: Reactive Science, Myth Busters, Photography, Makerspace, Sewing, Cooking and more!

CAMP LUNCH BUNCH

Frequency: WEEKLY: M-F 12PM-2PM Fee: \$50/\$50

Lunch Bunch is an extension to your camp day; offered weekly! During this time, we promote social interaction with the use of fun team-building activities to form a sense of community and friendship while at lunch. Students will pack/bring their own lunch to eat (lunch is NOT provided). After eating and social conversations, the facilitator will offer a time for the participants to engage in a teambuilding activity. This group game is designed to encourage positive interactions and friendly conversations.

LUNCH BUNCH [30 MIN ADD ON]

Frequency: MONTHLY: 1X Per Week Fee: \$35/\$35

Lunch Bunch is an extension to your day; offered weekly! During this time, we promote social interaction with the use of fun team-building activities to form a sense of community and friendship while at lunch. Students will pack/bring their own lunch to eat (lunch is NOT provided). After eating and social conversations, the facilitator will offer a time for the participants to engage in a teambuilding activity. This group game is designed to encourage positive interactions and friendly conversations.

HOMESCHOOL SOCIALS

Frequency: MONTHLY: 1x Per Month Fee: \$20/\$20

Homeschool Socials at the YMCA are important as they provide opportunities for children to socialize with other children and make friends. These events will vary each month and will provide fun and engaging activities that encourage participation. Our experienced staff build on social emotional skill and implement activities in a safe environment.

LUNCH AND SOCIAL HOUR

Frequency: MONTHLY: 1x Per Week Fee: \$225

Lunch and Social Hour will promote social interaction with the use of fun team-building activities to form a sense of community and friendship while at lunch (lunch is NOT included).

Social Emotional Strategies are based on connecting with the child, building trust, Creating a SAFE space for interaction and play, speech/communication skills, etc. This time is not specific for teaching academic skills like math. While some of the activities and play may incorporate these subjects, it is not the focus. This time is student led based on interested. As we start to get to know the child, build trust with them, we allow the child to lead this time based on individual interest; through art and expression, games and competitive play, engineering and tinkering.

Register for our socials by scanning the code below!







BRANCH SPECIFIC OFFERINGS

TIMES AND PRICES VARY BY LOCATION- CHECK WITH LOCAL YMCA FOR MORE INFORMATION

BALLET

Our dance classes are designed to be age-appropriate and to teach youth dance techniques and routines by skilled dance instructors. Children in ballet class must wear ballet slippers. End of session performance TBA.

YOUTH MARTIAL ARTS

Our martial arts program gives students a chance to learn some of the basic elements that Muay Thai, Kick Boxing, Brazilian Jui Jitsu, and wrestling have to offer. This program will help kids not only become more engaged in physical activity but also helps teach them self-defense techniques while getting into shape.

YOUTH CHEERLEADING

Teach your child the basics of cheerleading with cheers, dances, and the opportunity to cheer at YMCA league games. Uniforms are \$50 and will be ordered the first week of practice.

YOUTH GYMNASTICS

Beginning students will gain strength and flexibility as they learn the basics of gymnastics. They will develop the skills of tumbling including rolls, handstands, back bridges, and cartwheels. Advanced students will continue to develop strength and flexibility as they build on the fundamentals of gymnastics. They will continue to work on the basic skills of tumbling and will be introduced to round-offs, headstands, and front/back walkovers.

YOUTH BASKETBALL CLASS

Youth Basketball Class is intended for all youth ability levels. The beginner class will focus on the development of fundamental basketball skills. Participants will learn basic building blocks such as footwork, dribbling, shooting, and passing. Intermediate is for kids who want to take their game to the next level by enhancing skills by introducing them to high-level basketball drills. Advanced will engage in competition in a fun and supportive environment that emphasizes character development and participate in 30 min of practice/drills and 30 min of casual scrimmage.

YOUTH BASKETBALL LEAGUE

Youth Basketball leagues are offered for children and youth. Through the league, they will learn the fundamentals of the sport (l.e., ball handling, shooting, passing, defense) and engage in competition with local teams in a fun and supportive environment that emphasizes character development, teamwork, and good sportsmanship. Assessment is required. The in-season clinic is offered. Jersey cost is included in the fee.

YOUTH SOCCER CLASS

Classes will focus on the development of fundamental skills and the growth of your child in our 4 core values; caring, honesty, respect, and responsibility. Participants will learn the basic building blocks for success in a fun environment.

YOUTH SOCCER LEAGUE

Youth Basketball leagues are offered for children and youth. Through the league, they will learn the fundamentals of the sport (l.e., kicking, dribbling, passing, defense) and engage in competition with local teams in a fun and supportive environment that emphasizes character development, teamwork, and good sportsmanship. Assessment is required. The in-season clinic is offered. Jersey cost is included in the fee.

YOUTH VOLLEYBALL LEAGUE

Youth Volleyball Leagues are offered for Youth. Youth will learn the fundamentals of the sport (serving, passing, defense) and engage in competition with local teams in a fun and supportive environment that emphasizes character development, teamwork, and good sportsmanship. Assessment is required. The inseason clinic is offered. Jersey cost is included in the fee.

YOUTH SWIM LESSONS

Frequency: Varies by location

Locations: Fullerton YMCA, Mission Viejo YMCA, Newport Mesa YMCA

Group swim lessons are offered year-round. Lessons are broken down into (8) levels based on ability level. Each level is taught with a specific instructor/student ratio. We offer lessons twice a week (Monday & Wednesday or Tuesday and Thursday), or once a week on Saturdays.









IN THE CLASSROOM

IN THE COMMUNITY

FOR THE WHOLE FAMILY

Homeschool Socials at the YMCA provide opportunities for children to socialize with other children and make friends in a safe and supervised environment! Homeschool Socials are a 2 hour drop off, one day event.

ymcaoc.org/homeschoolservices

Meet ups are essential to family connections and relationships within the homeschool community. Some meet ups are free and others are events and trips that we can come together as a community to build bonds and strengthen our connections within our circles. The whole family is invited!

Homeschool Electives & Support Programs



Testimonial

"I am extra grateful to know that a true support system exists in my mama-world now that I homeschool my sons and have the opportunity to have them in these amazing classes you provide. Drea is a true gem and my sons LOVED her classes today and couldn't stop talking about all of the fun they had. That makes me beyond happy and so grateful :)"

Amber Little









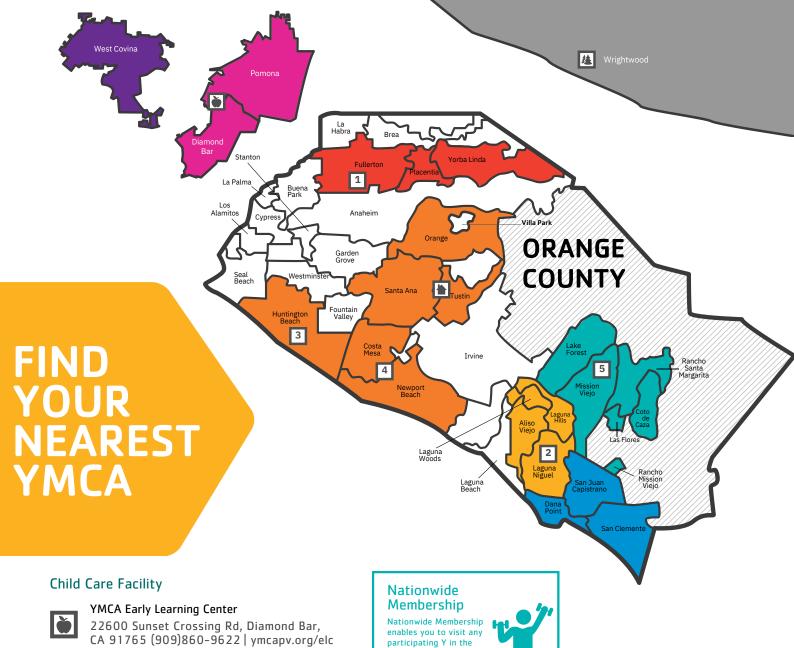
Testimonial

"When working with kids, one of the greatest things to see is how imaginative each child truly is. As an instructor, the best part of the day is seeing the excitement that goes into everything they do. Every student has something special to contribute, and Homeschools' continuous focus on teaching through creativity and self-expression is what makes this program thrive!"

Drea Rodriguez

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CA 91765 (909)860-9622 | ymcapv.org/elc

Child Care Service Areas

Fullerton & Yorba Linda/Placentia

Central Orange County Child Care Laguna Niguel Child Care

Mission Viejo Child Care

Beach Cities Child Care

YMCA OF EAST SAN GABRIEL VALLEY

ASES Child Care

YMCA OF POMONA VALLEY Child Care

Association Office



Orange County Health & Wellness Facilities

FULLERTON FAMILY YMCA 2000 Youth Way, Fullerton, CA 92835 (714)879-9622 | ymcaoc.org/fn

United States!

LAGUNA NIGUEL FAMILY YMCA 29831 Crown Valley Parkway, Laguna Niguel, CA 92677 (949)495-9622 | ymcaoc.org/In

HUNTINGTON BEACH FAMILY YMCA 8875 Adams Avenue, Huntington Beach, CA 92646 (714)378-4784 | ymcaoc.org/hb

NEWPORT-MESA FAMILY YMCA 2300 University Drive, Newport Beach, CA 92660 (949) 642-9990 | ymcaoc.org/nm

MISSION VIEJO FAMILY YMCA 27341 Trabuco Circle, Mission Viejo, CA 92692 (949)859-9622 | ymcaoc.org/mv



To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.





To improve lives and strengthen character through youth development, healthy living and social responsibility driven by passionate staff and volunteers.



OUR VALUES

Caring, Honesty, Respect, and Responsibility – Our values are celebrated by staff and members and provide a positive foundation for all Y programs and a healthy connection with others.



OUR COMMITMENT

To keep programs open for all. The Y is a nonprofit, charitable organization that serves the entire community. Donations support our scholarship program and Our Commitment.



Strengthening the foundation of communities.

YMCA of Orange County | ymcaoc.org

Orange County • Riverside County • East San Gabriel Valley • Pomona Valley