



# Basketball Gym Schedule

Laguna Niguel Family YMCA

Gym Hours:

Monday-Friday: 5:30am-8pm

Saturday: 7am-3pm Sunday: 7am-2pm

Fall  
2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30a to 7:00a	Adult Basketball	Open Gym	Adult Basketball	Open Gym	Adult Basketball	<b>Effective 8/9/2023</b>	
7:00a to 8:00a	Adult Basketball	Open Gym	Adult Basketball	Open Gym	Adult Basketball		
8:00a to 12:30p	Open Gym (8a-9a) Beginner Pickleball (9a-10a) Pickleball (10a-12:30p)	Open Gym (8a-9a) Adult Pickup Volleyball (10a-12p)	Open Gym (8a-9a) Beginner Pickleball (9a-10a) Pickleball (10a-12:30p)	Open Gym (8a-9a) Adult Pickup Volleyball (10a-12p)	Open Gym (8a-9a) Beginner Pickleball (9a-10a) Pickleball (10a-12:30p)	Youth Basketball Games (8a-CLOSE)	Pick-up Basketball (9a-11:30a) Youth Volleyball Games (12p-CLOSE)
12:30p to 2:30p	Pickleball (Half court) Open Gym (Half court)	Pickleball (Half court) Open Gym (Half court)	Pickleball (Half court) Open Gym (Half court)	Pickleball (Half court) Open Gym (Half court)	Pickleball (Half court) Open Gym (Half court)		
3:00p to 8:00p	Youth Basketball/Volleyball Practices (4:30p-8:30p)	Youth Basketball Class (3p-5p) Youth Basketball/Volleyball Practices (4:30p-8:30p)	PreK Basketball League (4:30p-5:15p) Youth Basketball/Volleyball Practices (4:30p-8:30p) Drop-in Adult Volleyball (8:30p-10p)	Volleyball Class (4p-5p) Youth Basketball/Volleyball Practices (4:30p-6:30p) Adult Basketball League (6:30p-10p)	Youth Basketball/Volleyball Practices (4:30p-8:30p)	<p>Everyone is welcome here at the Y! Please be courteous and respectful of everyone using the gym. Thank you!</p> <p>Revised 08/4/2023</p>	
<p>Due to safety, we may close the gym for special events or other factors. Gym schedule is subject to change.</p>							