



# DIVE RIGHT IN!

## FULLERTON FAMILY YMCA POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 – 8:50am Lap Swim 5 Lanes	5:30 – 7:50am Lap Swim 5 Lanes	5:30 – 6:20am Lap Swim 5 Lanes	5:30 – 7:50am Lap Swim 5 Lanes	5:30 – 6:20am Lap Swim 5 Lanes	6:00 – 7:00am U.S. Masters Swim Team Practice	6:00 – 7:00am U.S. Masters Swim Team Practice
	8:00 – 8:45am Aqua Class	6:30 – 7:30am US Masters Swim Team Practice		6:30 – 7:30am U.S. Masters Swim Team Practice	7:00 – 8:00am Swim Team Practice	
9:00 – 9:45am Aqua Class	9:00 – 10:50am Lap Swim 2 Lane Open Swim 3 Lane	9:00 – 9:45am Aqua Class	9:00 – 10:50am Lap Swim 2 Lane Open Swim 3 Lane	9:00 – 9:50am Lap Swim 2 Lane Open Swim 3 Lane	9:00 – 9:45am Aqua Class	7:10 – 1:45pm Lap Swim 2 Lane Open Swim 3 Lane
10:00 – 1:50pm Lap Swim 2 Lane Open Swim 3 Lane	11:00 – 11:45am Aqua Class	10:00 – 1:50pm Lap Swim 2 Lane Open Swim 3 Lane	11:00 – 11:45am Aqua Class	10:00 – 11:50pm Lap Swim 2 Lane Open Swim 3 Lane	10:00 – 12:00pm Group Lessons	
	12:00 – 12:50pm Lap Swim 2 Lane		12:00 – 12:50pm Lap Swim 2 Lane	12:00 – 12:50pm Lap Swim 2 Lane	12:00 – 1:45pm Lap Swim 2 Lane Open Swim 3 Lane	
	1:00 – 1:50pm Lap Swim 2 Lane Open Swim 3 Lane		1:00 – 1:50pm Lap Swim 2 Lane Open Swim 3 Lane	1:00 – 1:50pm Lap Swim 2 Lane Open Swim 3 Lane	1:00 – 1:50pm Lap Swim 2 Lane Open Swim 3 Lane	
2:00 – 2:50pm Aqua Class 2 Lane	2:00 – 2:50pm Lap Swim 2 Lane Open Swim 3 Lane	2:00 – 2:45pm Aqua Class	2:00 – 2:50pm Lap Swim 2 Lane Open Swim 3 Lane	2:00 – 2:45pm Aqua Class	Any child 14 and under must be swim tested in order to swim at the deep end. Children under the age of 12 must be accompanied by an adult. Children 6 and under must have an adult in the water unless they pass the swim test.	
3:00 – 3:50pm Lap Swim 2 Lane Open Swim 3 Lane	3:00 – 5:00pm Group Lessons	3:00 – 3:50pm Lap Swim 2 Lane Open Swim 3 Lane	3:00 – 5:00pm Group Lessons	3:00 – 6:50pm Lap Swim 2 Lane Open Swim 3 Lane	Two lanes available for use during U.S. Masters Swim Team Practice.	
4:00 – 6:00pm Group Lessons	5:00 – 5:50pm Lap Swim 2 Lane Open Swim 3 Lane	4:00 – 6:00pm Group Lessons	5:00 – 5:50pm Lap Swim 2 Lane Open Swim 3 Lane		All Lap Lanes are first come serve. The max capacity of a lane is 3 lap swimmers. With 3 lap swimmers in a lane, swimmers will swim in a circle swim pattern. To be in a lap lane you must be swimming consistently.	
6:00 – 8:00pm Swim Team Practice	6:00 – 8:00pm Swim Team Practice	6:00 – 8:00pm Swim Team Practice	6:00 – 8:00pm Swim Team Practice		7:00 – 8:00pm Swim Team Practice	During lap/open swim time after 3PM you may be asked to share or change lanes that you are swimming in due to private swim lesson's running at this time. If space is permitted lifeguards will add an additional lane upon request.

Reservations open 48 hours prior to your selected time for classes in any of our studios.

All classes require a reservation to participate.

Reservations open 72 hours prior to your selected time for classes in the pool.

To register for class, please log on to our website at [www.ymcaoc.org](http://www.ymcaoc.org) or download our Orange County YMCA app.

Fullerton Family YMCA | 2000 Youth Way | Fullerton, CA 92835 | (714) 879-9622